

Make checks payable to: Hampton Bays School District

Last Name _____ First Name _____

Street Address _____

Town _____ NY Zip Code _____

Home Telephone _____ Cell/Business# _____

Course name _____

Please use separate form and write separate check for each class!!!!

HB Community & Continuing Education

88 East Argonne Road

Hampton Bays, New York 11946

(631) 723-2110 Ext. 3208

Spring 2012

(feel free to duplicate)

Eleni Fotopoulos, Director

THURSDAY (con't)

INTRO TO OIL PAINTING

6 SESSIONS **ROBERT MEHLING**
6:30-8:30 PM **MARCH 8, 15, 22, 29**
APRIL 5 & 19

Develop your painting skills by drawing traditional still life subjects (fruit and tableware) and turning them into full color paintings using oil paint, art's most respected media. Your instructor, an award-winning painter, will give you individual, step by step instruction. All ages and skill levels welcome. Contact instructor Bob Mehling (MFA) at 631-208-1370 to obtain a materials list.

Fee: \$75

The Astrology of 2012

5 sessions **LeLonni Campbell**
6:30-8:30 PM **MARCH 8, 15, 22, 29**
APRIL 5

The world is now in the throes of 2012 furor. Why does this time period hold such sway over us and what it is really all about? If you would like some answers to these questions please join me and find out what it's really all about. On Dec 21, 2012 several factors are coming together, the end of the Mayan Long Calendar, the Galactic Alignment, the 11 year solar cycle will be at its peak, and of course it's the first day of the winter do these things indicate disaster or are they being over hyped.? This seminar will discuss how we are actually almost half way through a cycle that started in 2008. I will discuss the Mayan culture and the calendar system they used, and why the long calendar stops 12/21/2012. We will also discuss the precession of the equinox a 26,000+or- cycle that earth has gone through many times in the past, but something the Mayan's were well aware of, and how this is more a beginning than an end.

Fee: \$35

Ballroom Dancing

Partners not Required

with Touch Dancing TV Show
Saturdays at 9:30 am Cablevision
Channel 20

Internet www.touchdancing.com

Saturdays at 9:30 am (click current
schedule)

Learn all the right moves whether you are
a beginner, intermediate or an advanced
Dancer. Focus is on

Lead & Follow. Classes are independent;
you can miss a class and still come back.
Students can also alternate classes during
the semester.

**295-10 Montauk HWY Speonk "East
End Studio"**

SMOOTH DANCING Fridays 7pm

Dances included are Argentine Tango, Tango
Waltz, Fox Trot, Milonga, Peabody, Polka,
Quick Step, American Tango, American Waltz
and Viennese Waltz

LATIN DANCING Saturdays 7pm

Dances included are Bachata, Bolero, Cha-
Cha, Cumbia, Mambo, Merengue, Paso-Doble,
Rumba, Samba, Salsa

DISCO DANCING Sundays 7pm

Dances included are Disco Hustle, East Coast
Swing,
West Coast Swing, Slow Dancing, Country
Western, Line Dancing, Freestyle
(teachers will choose which dance per class)

GENERAL INFORMATION

All classes will meet at Hampton Bays High School located at 88 Argonne Road, Hampton Bays, NY, unless otherwise noted in the brochure. Vending machines are available at this location.

MATERIALS FEES AND REFUNDS

Materials fee is paid directly to the instructor at the first session. Refunds will be honored only if they are requested before the first night of classes. If a class is dropped due to insufficient enrollment, your check will be promptly returned and you will be notified prior to the first class.

FEES

Because we are a self-sustaining program, the decision to offer or cancel a class is based upon the enrollment figures at the end of the mail registration process. In some cases, we may adjust the number of sessions offered so that we may run the course. If this is the case, you will be notified at the first session.

MEDICAL RELEASE and ACCIDENT INSURANCE

Participants are advised to check with their personal physician before participating in any course that requires physical exertion. Registrants in such classes will be required to sign a release form before being allowed to participate. The Hampton Bays Board of Education does not insure participants in the Continuing Education program for accidents that occur.

PARKING

Ample parking is provided at both schools. Please observe the handicapped parking signs.

NON-DISCRIMINATION POLICY

The Hampton Bays School District does not discriminate on the basis of race, color, national origin, or sex in its education programs or employment practices.

SMOKING

By state and local laws, smoking is NOT permitted in any school building or on school property.

SCHOOL CLOSING

Should Hampton Bays Schools be closed, classes will not be held. In the event of inclement weather, please check the message on the voice mail extension listed above. No Adult Ed classes will be held November 23-25.

You will be notified only if your class is cancelled. Please attend the first class unless you hear otherwise.

REGISTRATION

All registration must be completed by **March 1, 2012**. Classes that do not meet enrollment requirements will be cancelled.

Registration is processed on a first come, first served basis.

• **WALK-IN REGISTRATION**-will take place on **February, 14, 15, 16, 27, and March 1, 2011** from 3:00-4:30 pm at the High School in Rm. 20A (Computer Lab).

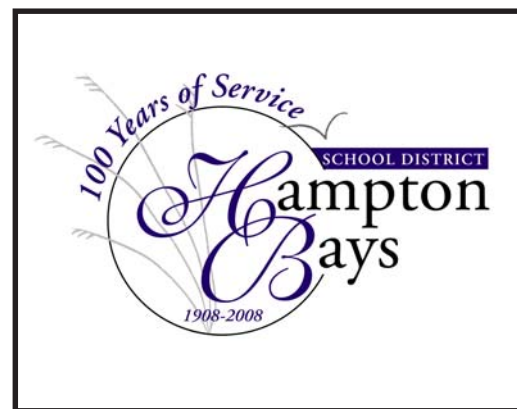
• **BY MAIL (must be received by March 1, 2012)**. Fill out the registration form in the brochure and return it with payment. Make checks payable to:

Hampton Bays School District.

Please use a separate check and separate registration form for each class desired

OFFICE HOURS AND LOCATION

The Office of Continuing Education is located in Room 20A (Computer Lab) of the High School. The telephone number is 631-723-2110 Ext. 3208.



Vision Statement

Building the future today in Hampton Bays... child by child

It is the vision of the Hampton Bays Union Free School District to build a school culture that values academic achievement, supports character education, encourages community responsibility and facilitates lifelong learning. We will provide safe and caring learning environments and develop programs to encourage intellectual curiosity, celebrate diversity and maximize the individual talents of our students.

Dear Hampton Bays Community Residents and Neighbors,

Welcome to the Hampton Bays Community and Continuing Education Program, or Adult Ed as we call it. The courses offered in this program are varied, diverse, and responsive to the requests of our community. In keeping with the mission of the Hampton Bays Public Schools, the Continuing Education Program promotes the ideals of lifelong learning and engagement. From students entering Pre-Kindergarten as a four year-old to adults taking an arts or language class on a Wednesday evening, the Hampton Bays Public Schools has something for everyone!

Please take time to review all of the courses and activities offered and get involved. If you do, I know you will be pleased! As always, we strive to continuously improve, so offer suggestions regarding the courses we offer and ideas for the ones we do not. Program director, Eleni Fotopoulos at the High School looks forward to meeting you and signing you up for a great experience! Best wishes for continued lifelong learning,

Lars Clemensen
Superintendent of Schools

The Community and Continuing Education Program strives to offer a variety of opportunities for learning and growth. This semester, we are pleased to offer classes in the areas of crafts, physical fitness, health and safety, astrology and the arts. Some old favorites are back, and there are newcomers as well, like Making Money with your Voice.

Why not take a moment to browse through this brochure? We hope you will find something appealing and make the decision to become involved in the continuing education experience.

Sincerely,
Eleni Fotopoulos
Director

Hampton Bays Schools
Hampton Bays, NY 11946

Board of Education
Doug Oakland, President
Chris Garvey, Vice President
Warren Booth
Dorothy Capuano
Rich Joslin

Lars Clemensen, Superintendent

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11946
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Hampton Bays, NY 11946

HB Community Education SPRING 2012 Course Offerings

MONDAY

ZUMBA FITNESS WITH AMANDA LOVETT

7 SESSIONS March 5, 12, 19, 26
6:30-7:30 April 2, 16, 23

Ditch the workout and join the party with certified Zumba instructor, Amanda! Come see why Zumba is becoming the most popular cardio workout ever! You don't have to know how to dance, just follow the simple movements and have fun! In just one hour you'll burn 500-1000 calories and have more fun than you ever thought possible while working out! Please dress in comfortable work-out clothes, wear sneakers with little or no tread and don't forget your water. See you there!!

Fee: \$35 Make checks payable to:
Amanda Lovett

FORENSIC ANTHROPOLOGY, FORENSIC ARCHAEOLOGY, AND DEATH INVESTIGATION TECHNIQUES

LINDA CHASE
4 SESSIONS MARCH 5, 12, 19, 26
6:30-8:00 PM

This class is of interest for students fascinated with crime solution, forensic anthropology and forensic archaeology. Learn about the scientific methods involved. Students will learn how to use calipers and osteometric board. Facial reconstruction will be a major topic. The topic of psychic detective will be discussed. Criminal profiling with special attention to serial killing and the topics of child abuse and neglect will be discussed. All classes have hands-on materials for the students.

Fee: \$40

DRIED FLORAL DESIGN: HOLIDAY NATURE AND DRIED FLOWER CRAFTS

5 sessions Diana Conklin
7:00-8:00 PM (Everlastings by Diana)
MARCH 5, 12, 19
APRIL 2 & 16

Project examples can be seen the first night of class. We will begin the program with culinary crafts. Learn to dry your own fruit slices, hot peppers and more eating and crafting. The second evening we will make a European wheat arrangement. The third evening please bring a picture frame (available at Cheap Johns). We will decorate the frame with a large assortment of dried flowers and herbs. April's first class will make a grape or bittersweet vine wreath from scratch and decorate it. The last class will be truly spring crafting. Please bring a straw hat or basket to adorn with flowers.

Fee: \$35 Material Fee: \$10 each night payable to the instructor. Questions to instructor- 631- 728-2795

TUESDAY

ZUMBA

7 SESSIONS KATIE MIEDEMA
3:00 - 4:00 PM March 13, 20, 27
April 3, 17, 24
May 1

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive. Since its inception in 2001, the Zumba program has grown to become the world's largest- and most successful- dance-fitness program with people of all shapes, sizes and ages.

Fee: \$50 Make checks payable to:
Katie Miedema

RESTORATIVE YOGA

7 sessions Nancy Slowey
5:30-6:30 PM March 6, 13, 20, 27
April 3, 17, 24

Class will combine Vinyasa flow yoga ending with restorative poses and aromatherapy.

BEGINNERS WELCOME!! Make sure to bring your own yoga mat to class.

Fee: \$40 CLASSES HELD AT THE MIDDLE SCHOOL.

KNIT A LACY, RUFFLED, NOVELTY SCARF

1 SESSION KATHLEEN PROSCHUK
6-9 PM MARCH 6

Knit a fun, lacy, ruffled, novelty scarf that is knitted from tape yarn that opens into a mesh, giving it that light lacy ruffled look and can be worn in the summer or winter. Great accessory piece to wear like a cowl or scarf over a simple top or dress to give it a little pizzaz. Once you make one, you'll be making them for everyone on your gift giving list. Large choices of colors will be available. This is an easy class for anyone who knows how to knit a simple knit stitch. You'll need 5 needles for this project, circular is better as long as they don't have a coil that curls. Straight needles are fine too.

Fee: \$10 Material: Yarn fee \$9 (paid to instructor directly) Needles are \$10 extra if you don't have your own.

BEGINNING TAP DANCING

7 SESSIONS REBECCA ANSELMO
6:00-7:00 PM MARCH 6, 13, 20, 27
APRIL 3, 17, 24

Beginning tap dancing for adults. Learn basic tap steps and improve your balance and strength. It is also a great way to exercise and get a good workout. Most of all HAVE FUN!!! Recommended tap shoe, hard street shoe, or taps put on street shoes.

Fee: \$40

"I'VE NEVER ACTED BEFORE!"

10 SESSIONS Theatre Workshop
6:30-9:30 PM Kerry McCarthy
(2 more sessions March 6, 13, 20, 27
TBD) April 3, 17, 24
May 1

Our instructor, a professional actress, has worked with such stars as Elizabeth Taylor and Vincent Price. Now she wants to work with you! There is NO audition, NO experience needed and NO reason to be nervous. You'll receive individual instruction, and step-by-step rehearsal for a special comedy performance on the last night of class, with family and friends invited to attend! We'll work with the material of legendary laugh-makers, from the Marx Brothers to Steve Martin, and memorization is NOT required! If you've been bitten by the acting bug and never done anything about it, NOW is the time to fulfill your dream! E-mail Kerry anytime with questions (neveractedbefore@gmail.com)

Materials fee of \$5.00 due at first class.

Fee: \$65

WEDNESDAY

DEFENSIVE DRIVING COURSE ALL SUFFOLK AUTO SCHOOL

2 SESSIONS 6:30-9:30 PM
APRIL 18 & 25

Receive at least 10% discount on automobile insurance premiums each year for up to 3 years when you complete this course. If you have incurred a violation during an 18-month period prior to taking this course, 4 points will be deducted from your driving record. Be sure to bring your license and a pen. questions: 631-289-1862

Fee: \$45 Make checks payable to:
ALL SUFFOLK AUTO SCHOOL

ZUMBA FITNESS WITH AMANDA LOVETT

7 SESSIONS March 7, 14, 21, 28
6:30-7:30 April 4, 18, 25

Ditch the workout and join the party with certified Zumba instructor, Amanda! Come see why Zumba is becoming the most popular cardio workout ever! You don't have to know how to dance, just follow the simple movements and have fun! In just one hour you'll burn 500-1000 calories and have more fun than you ever thought possible while working out! Please dress in comfortable work-out clothes, wear sneakers with little or no tread and don't forget your water:) see you there!!

Fee: \$35 Make checks payable to:
Amanda Lovett

DUCK CARVING

6:30-9:30 MATT DiBERNARDO
8 SESSIONS MARCH 7, 14, 21, 28
APRIL 4, 18, 25
MAY 2

Starting with the head of a duck and using basswood, sandpaper and a knife, students will learn the art of carving from an award-winning craftsman with nearly 20 years of experience.

Fee: \$100 Classes held at the Middle School

GET PAID TO TALK: MAKING MONEY WITH YOUR VOICE

1 SESSION VOICECOACHES.COM
6:30-9 PM APRIL 25

Ever been told you have a great voice? From audio books and cartoons to documentaries, commercials, and more, this class will introduce you to the frowning field of voice over. Today, the range of voices hired has grown dramatically from the days of announcers. Learn what the pros look for, how to prepare, and where to find work in your area! We'll discuss industry pros and cons and play samples from working voice professionals. In addition, you'll have an opportunity to record a short professional script under the direction of our teacher. This class is lots of fun, realistic, and a great first step for anyone interested in the voice over field. In an effort to ensure a quality class experience, we must limit attendance!

Fee: \$15

AMERICA'S BOATING COURSE

PECONIC BAY POWER SQUADRON
5 SESSIONS March 7, 14, 21, 28
7-9PM APRIL 4

The Peconic Bay Power Squadron is pleased to present "AMERICA'S BOATING COURSE," a five-session course for adults and youths over age 10. Topics such as Navigation Aids, Rules of the Road, Regulations, Safety, Communications, Trailering, Personal Watercraft (PWC) Operation, Knots & Lines, and Digital Charts will be covered. Each student also receives a textbook and two CD'S to accompany the text. The ABC program is approved by NASBLA (National Association of State Boating Law Administrators) and New York State, and is presented by highly qualified, certified instructors, with years of boating experience. Upon completion, students receive the NYS Boating Certificate which is required for personal watercraft (PWC) operation, and also verifies eligibility for premium discounts that many boating insurance carriers offer course graduates. The materials fee for this course is \$45.00 per person with discounts for couple and families: registration can be made online at www.pbps.us. Follow the links: Education > Course Schedule. For more information, or to reserve a space, call Capt. Fred Roffe at 631-728-3721.

Fee: \$45 Make checks payable to:
Peconic Bay Power Squadron

BECOMING A NOTARY

1 session Notary Public Central
7-10 PM March 14

Stand out among the competition! Add prestige to your resume and be an asset to your company by enhancing your credentials. A painless way to learn the legal terminology, concepts and clauses in the NYS Notary Booklet which are necessary to pass The State Exam. Materials fee covers supplemental study guide, fact sheet, practice exams, sample forms, Notary Public application, NYS exam schedule and booklet, and a 1-yr. free subscription to Notary Public Central and legal updates. Bring pen and highlighter.

Fee: \$48 Make checks payable to:
Complete Legal Forms

THURSDAY

JEWELRY MAKING

6 sessions FRAN NILL
5:30-7:30 PM March 8, 15, 22, 29
April 5, 19

You will learn how to make jewelry designs using silk, leather, wire and fireline weaving. Students should bring beads and all of their supplies and tools from the first course. Additional supplies can be purchased by the student.

Fee: \$40 Classes held at the Middle School.

CAKE & COOKIE DECORATING

6 sessions FRAN NILL
7:30-9:30 March 8, 15, 22, 29
April 5, 19

Learn how to fill, ice and decorate a cake. You will also learn different border techniques, flowers and leaves to finish off the cake. You will also learn techniques for childrens' cakes. For the cookies you will learn how to bake, ice and decorate 3-4" cookies. Material fee of \$25 for complete cake decorating kit due at first class.

Fee: \$40 Classes held at Middle School.

ZUMBA

7 SESSIONS KATIE MIEDEMA
6:00 - 7:00 PM March 8, 15, 22, 29
April 5, 19, 26

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive. Since its inception in 2001, the Zumba program has grown to become the world's largest- and most successful- dance-fitness program with people of all shapes, sizes and ages.

Fee: \$50 Make checks payable to:
Katie Miedema

USING EBAY

7-10 PM Ebay Ambassadors
1 session March 1

Adults interested in turning your household items into cash by selling items on Ebay, one of the nations' largest on-line auction houses. This class is designed to teach you all the steps required to list and sell items on eBay including: Authorization number, set-up, uploading photographs, information to include in your items' description, settling your auction, correspondence, shipping arrangements, pricing, choosing an item category and feedback. Course includes a take-home, step-by-step guide covering pertinent class topics and a sample auction from beginning to end. Items virtually sell themselves. Sit back and enjoy the second income. Great for Stay-at-Home Parents, Job Transitions or Second Income potential!!!!!!

Fee: \$45 Make checks payable to:
Complete Legal Forms

(Course offerings continued on next page)

SPRING classes begin the week of March 5 (unless otherwise noted)