**TLC Teen Leaders Are FitNess Clinic**

AT SOUTHAMPTON YOUTH SERVICES (SYS)
1370A MAJORS PATH, SOUTHAMPTON
6:15PM - 7:15PM

An adapted fitness clinic for middle and high school aged youth with Autism or other developmental disabilities. Participate in group activities with the support of peer leaders!

**Schedule**

- Tues, March 19 - Karate
- Tues, April 2 - Obstacle Course
- Tues, April 16 - Yoga
- Tues, April 30 - Strength, Balance & Tone
- Mon, May 13 - Zumba
- Tues, May 28 - Open Sports
- Tues, June 11 - End of Program Party!

To register, please contact Alicia Phillips at (631) 702-2425 or aphillips@southamptonny.gov

Registration ends March 1, 2019

For more information, visit www.southamptonny.gov/youthbureau